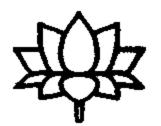


### All Glory To Śrī Rādhāramana! All Glory To Śrī Guru And Gaurānga!

# Śālagrāma-śilā

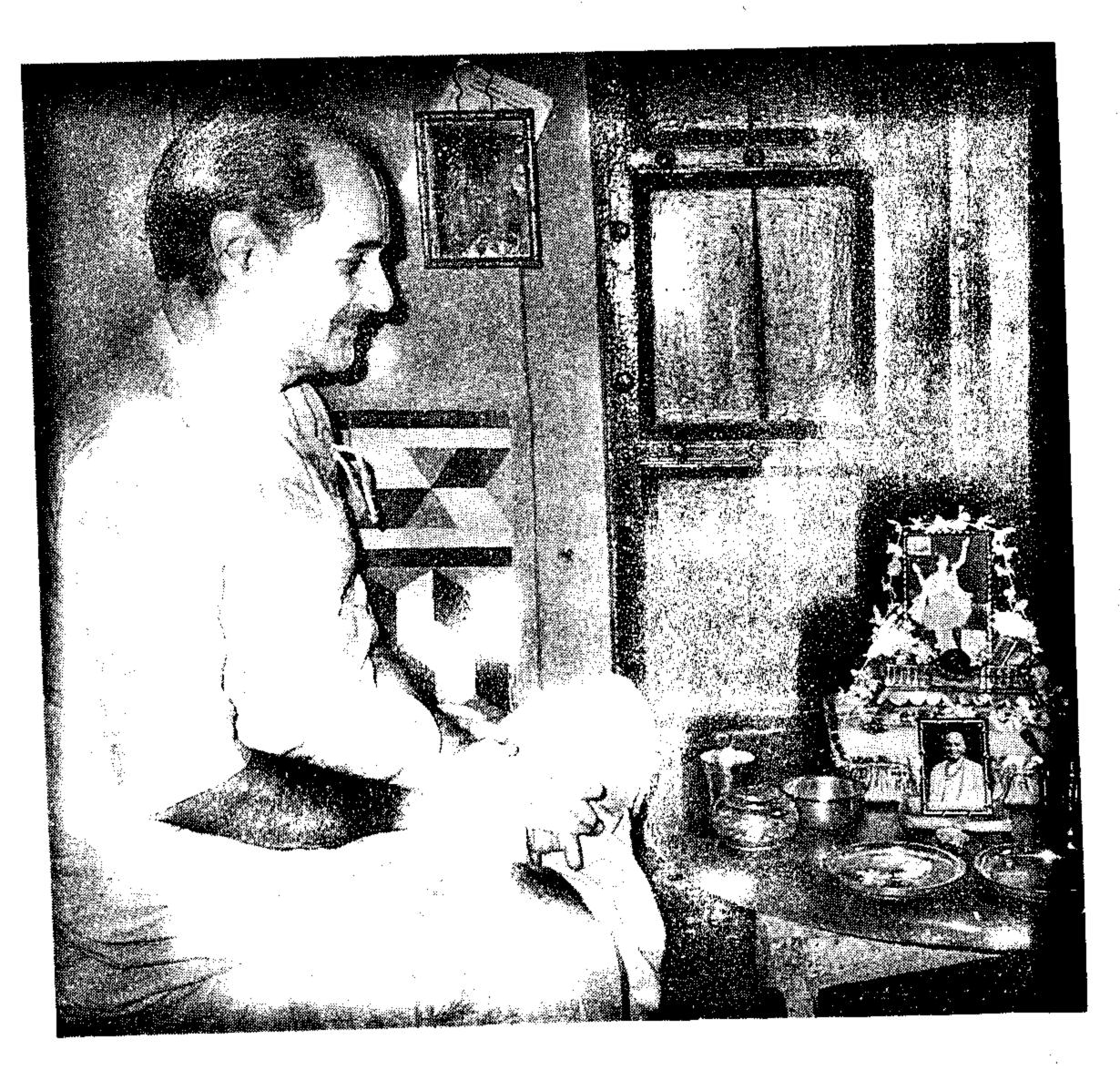
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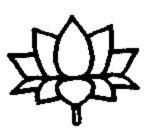
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Offering hundreds of obeisances at his feet,
I dedicate this book to the loving memory of
my beloved father,
the late Śrī Viśvambhara Goswami,
who was my guide, well-wisher, and source of
inspiration. After him, I have been blessed with the
good fortune of daily worshiping his śālagrāma-śilā.

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# Śrī Rādhāramanajī Self-Manifesting Deity

When Lord Caitanya Mahāprabhu was touring South India, He spent the four months during the rainy season called Cāturmāsya in Śrī Raṅgam at the house of Vyeṅkaṭa Bhaṭṭa, the chief priest of the Raṅganātha Temple. His son, Śrī Gopāla Bhaṭṭa, was then able to serve the Lord to his heart's content. Being pleased by his devotion, Śrī Caitanya gave him initiation and ordered him to go to Vṛndāvana after the disappearance of his parents. There he should remain with Rūpa and Sanātana doing bhajana and writing books.

At the age of thirty, after the death of his parents, Gopāla Bhaṭṭa left for Vṛndāvana. When Lord Caitanya heard that Gopāla Bhaṭṭa Goswami had arrived in Vṛndāvana and had met Śrī Rūpa and Sanātana Goswami, He was very pleased. At that time Mahāprabhu had already visited Vṛndāvana. Although Rūpa and Sanātana had gone to visit Him in Purī, Gopāla Bhaṭṭa never received any invitation to go. Understanding his disappointment, Śrī Caitanya sent His personal āsana and cloth to him through Rūpa and Sanātana, which can still be seen on special festivals in Rādhāramana Temple.

Later when Gopāla Bhaṭṭa heard of the disappearance of Mahāprabhu, he felt intense separation from the Lord, having associated with Him only in his childhood. One night Lord Caitanya appeared in a dream and told him, "If you want my darśana, make a pilgrimage to Nepal." In Nepal, Gopāla Bhaṭṭa visited the river Gaṇḍakī. After taking his bath he filled his water pot and was surprised to see that

some śālagrāma-śilās had entered it. Emptying his pot, he filled it again, only to find the śilās had re-entered his water pot. Again he emptied his pot, and when he filled it for a third time he found that now twelve śālagrāma-śilās were there. Thinking this must be the mercy of the Lord, he decided to bring those śilās with him to Vṛndāvana.

One day after returning to Vṛndāvana, a wealthy devotee approached Gopāla Bhatta Goswami with dresses and ornaments for his Deity. Gopāla Bhațța told him that as he was only worshiping a śālagrāma-śilā, it would be better to give to someone else who was worshiping a Deity and could use them. It happened to be Nṛṣimha-caturdaśī and thinking deeply on this incident Gopāla Bhatta remembered how Lord Nṛsimhadeva had manifested from a stone pillar. He then began to pray to the Lord, "O Lord, you are very merciful and fulfill the desires of Your devotees. I wish to serve you in your full form." In ecstasy he read the chapters of Śrīmad-Bhāgavatam about Lord Nṛsimhadeva's pastimes, and then took rest. In the morning when he awoke, he found that one of the twelve śālagrāmas, the Dāmodara-śilā, had manifested as Śrī Rādhāramana. The time of this writing, 1992, is the 450<sup>th</sup> anniversary of His appearance.

He immediately called Rūpa and Sanātana and all the other devotees. They were all astounded by the beauty of Śrī Rādhāramanajī. They remarked that from the feet to the waist He had the form of Śrī Madana-Mohanajī, His chest was like that of Śrī Gopināthajī and He had the moonlike face of Śrī Govindadeva. Then with the blessing of all the Vaiṣṇavas, he began the worship of Śrī Rādhāramanajī.

### Foreword

The present book has been translated mainly from the chapter on śālagrāma-śilā of Śrī Hari-bhakti-vilāsa compiled by Śrī Gopāla Bhaṭṭa Goswami, the disciple of Śrī Caitanya Mahāprabhu. Collecting references from various Purāṇas and other Vedic scriptures, Śrī Gopāla Bhaṭṭa Goswami has sought to resolve various arguments and doubts in relation with śālagrāma-śilā. In this translation we have humbly tried to carefully put before our readers the many evidences gathered by him from different Purāṇas.

After the disappearance of His Divine Grace A. C. Bhaktivedanta Swami Prabhupāda, the Founder-Ācārya of the International Society for Krishna Consciousness, many devotees have begun the worship  $(p\bar{u}j\bar{a})$  of  $s\bar{a}lagr\bar{a}ma-sil\bar{a}$ . Thus over the years, devotees have been approaching us with numerous questions about both the  $s\bar{a}lagr\bar{a}ma-sil\bar{a}$  and  $dv\bar{a}rak\bar{a}-sil\bar{a}$ . One devotee brought a shiny black stone he found in the sea, wishing to know if it could be a  $s\bar{a}lagr\bar{a}ma-sil\bar{a}$ . According to the Gautamīya Tantra, however, a stone from any place other than the Gaṇḍakī River in Nepal can never be  $s\bar{a}lagr\bar{a}ma-sil\bar{a}$ . We replied to another query that one should not make the mistake of thinking that due to its white color the  $dv\bar{a}rak\bar{a}-sil\bar{a}$  can be accepted as the form of Rādhārāṇī.

Due to poor fund of knowledge, it is possible the devotees may make some āparādha. Thus in this first attempt at writing in my life, it is my sincere desire to provide the devotees with as much information as possible about śālagrāma-śilā.

Before going to the West to preach, Śrīla Prabhupāda was a close friend for several years of Śrī Viśvambhara Goswami, an ācārya in the line of Gopāla Bhaṭṭa Goswami. Śrīla Prabhupāda visited the temple of Rādhāramana many times and was impressed with the service of the Deity. Later Śrīla Prabhupāda often commented to his disciples how they should learn from the high standard of Deity worship and Vaiṣṇava etiquette of Rādhāramana Temple.

After reading this book somebody may question that since Lord Hari always resides in the śālagrāma-śilā, then what is the necessity to worship the temple Deity? I should simply worship my śālagrāma-śilā. In reply we may say that the Deity in the temple attracts the hearts of the devotees, so it is always the duty of the devotees to adore the temple Deity.

I am very much obliged to my wife, Śrīmati Saroj Goswami, and Śrī Aṣṭaratha Prabhu who gave me full inspiration to do this work. I also wish to offer my heartfelt thanks to Ācārya Gaur Krishna Goswami, Mahānidhi Swami, Puṇdarika Vidyānidhi Dāsa, Dīna Bandhu Dāsa, Keśidamana Dāsa, Shah K. S. Gupta, Prema Rasa Dāsa, Daivī Śakti Devī, Nitya-siddha Līlā Dāsī and Veda Śāstrī Dāsī. They all assisted me with editing, typing, and other valuable services to help to bring this publication to light.

Padmanābha Goswami Śrī Rādhāramana Temple Vṛndāvana

# Appearance of Śālagrāma and Tulasī

We are including the following history of the appearance of Śālagrāma and Tulasī from the *Brahma-vaivarta Purāṇa*. Though the description there is quite elaborate, we are presenting it here in brief.

There was once a king named Vṛṣadhvaja who, despite appearing in a dynasty of pious Vaiṣṇava kings, was strictly devoted to Lord Śiva. He had no faith in Lord Viṣṇu or any of the demigods, and even began to criticize the worship of Lord Viṣṇu. Seeing the offensive behavior of Vṛṣadhvaja, Sūryadeva cursed him to lose all his wealth and power. He and two generations of his descendants thus became destitute until the appearance of Dharmadhvaja.

Dharmadhvaja and his wife very devotedly worshiped Lakṣmīdevī to gain her favor and thus a plenary portion of Lakṣmī entered his wife's womb. On Kārtika Pūrnima at a time marked with every auspicious sign, the wife of Dharmadhvaja, Mādhavī, gave birth to a very beautiful daughter. She was decorated with all fortunate signs and grew to be an exquisitely beautiful young girl never aging beyond sixteen years. Her beauty stole the mind and heart of everyone, and being impossible to compare her with anyone else, she became known as Tulasī (matchless).

Leaving home, Tulasī went to Badrī-van where she performed severe penances with a desire in her mind that Lord Nārāyaṇa Himself become her husband. Pleased with her austerities, Brahmājī appeared before her and asked what

boon she desired. Tulasī explained to him, "In my previous birth, I was a gopī named Tulasī. By my wonderful good fortune, I was able to become the very dearly beloved maid-servant of Lord Kṛṣṇa. One day in the rāsa-maṇḍala, Rād-hārāṇī angrily cursed me to be born on the earth in human society. Thus leaving my divine body, I have taken my birth on the earth in this present form. Now I desire the boon of attaining Lord Nārāyaṇa as my husband."

Lord Brahmā replied, "There was one cowherd boy named Sudāma who also received Rādhārāṇī's curse to be born on the earth. By that curse he has been born in the family of demons and is now famous on the earth as Śaṅ-khacūḍa. He has done extreme penances to attain certain boons and to get you as his wife. Thus in this life he will become your husband for some time. Later by the influence of līla you will curse Lord Nārāyaṇa, but accepting your curse, Lord Nārāyaṇa will then become your husband. Lord Viṣṇu will love you more dearly than His own life, and without your presence all pūjā will be fruitless. By my boon, becoming the presiding deity of all the trees, you will freely enjoy unlimited happiness in the constant association of Lord Viṣṇu."

Śańkhacūḍa, receiving his desired benedictions along with an all-auspicious protective shield (kavāca) from Lord Brahmā, came to Badrī-van where he met Tulasī. As they were conversing with each other, Lord Brahmā appeared on the spot and said, "Śańkhacūḍa, please accept this young maiden as your wife." Turning to Tulasī he told her, "After the death of Śańkhacūḍa, you will obtain Lord Viṣṇu as your husband."

The other boon that Śańkhacūḍa received from Lord Brahmā was that as long as the chastity of his wife was not violated, no one would be able to kill him. Thus becoming very arrogant, he began to terrorize all the demigods and human beings. Severely afflicted by his attacks, the demigods approached Lord Śiva and begged him to protect them. Then Lord Śaṇkara went there and personally began to fight with Śaṅkhacūḍa.

Meanwhile, Lord Viṣṇu made a plan to destroy the chastity of Tulasī. While Lord Śiva and Śaṅkhacūḍa were ferociously fighting, Lord Hari in the form of a brāhmaṇa arrived on the battlefield. He said to Śaṅkhacūḍa, "Please give your kavāca in charity to me, a brāhmaṇa." Then Śaṅkhacūḍa immediately gave Him the kavāca in charity. That same Lord Hari, disguising Himself as Śaṅkhacūḍa then went to see Tulasī. Deceiving her in this way, He began to enjoy with her as if He were her husband and thus broke her chastity.

The Bhavişya Purāṇa goes on for great length to point out that there was certainly no fault on Lord Viṣṇu's part. He wanted to maintain the benediction given by His devotee Lord Brahmā to Śaṅkhacūḍa, and at the same time He wanted to protect the demigods and devotees. For this purpose He created this particular pastime with the appearance of improper behaviour. But since Tulasi is the plenary part of Lakṣmīdevī, she is actually the wife of Lord Viṣṇu.

At that very moment Śankarajī killed Śankhacūda on the battlefield. When Tulasī understood all that had happened, she said, "By deceiving me, You have broken my chastity, and killed my husband. You're absolutely stonehearted! Thus I curse You to remain on earth as a stone!"

Lord Hari said, "For many years you underwent very difficult penances to achieve Me. At the same time, Śańkhacūda has also done severe penances to get you. By the result of his austerity, he enjoyed you as his wife and has now gone to Goloka. Now you will get the fruit of your penances. Leaving this mortal body and taking a divine form, you will always remain with Me. Your present body shall turn into the river Gaṇḍakī, and from your hair will grow many trees famous as Tulasī. To fulfill your curse, I will become a stone (śālagrāma-śilā) and will always live on the banks of the Gaṇḍakī River. The millions of worms who live in that place will adorn those stones with the sign of My cakra by carving them with their sharp teeth." After this Lord Viṣṇu began to dwell perpetually in the waters of the Gaṇḍakī River in the form of stones.

# The Results of Worshiping Different Types of Śilās

The Gautamīya Tantra states that the worshipable stones known as śālagrāma-śilās are only found in the Gaṇḍakī River in Nepal. According to the Skaṇḍa Purāṇa, these śālagrāma-śilās appear in various colors, shapes, and markings. Their color may be either black, blue, yellow, whitish, blood-red, or tawny colored. Their shape may be either smooth, rough, uneven, very plump, or frog-shaped. They may be without markings, marked with one cakra, many cakras, large cakras, broken cakras, a cakra in the middle of a circle, or with one cakra attached to another. Some śālagrāma-śilās exhibit a large mouth and others a down-turned mouth.

The Skanda Purāṇa also enumerates the good and bad results derived from venerating different types of śāla-grāma-śilās. Worshiping a smooth śilā brings mantra-siddhi (perfection in the chanting of one's given mantra). Black śilās bestow fame, yellow śilās give sons, whitish śilās destroy one's sins, blue śilās increase wealth, and blood-red śilās bring diseases. Rough śilās create anxiety, uneven śilās give poverty, and fat śilās decrease one's life span. Śilās devoid of markings yield no results. If one mistakenly adores a śilā with the following qualities he will certainly get suffering: tawny colored, uneven, broken, with one cakra, too many cakras, large cakras, a circled cakra, a broken cakra, a cakra attached to another, with a large mouth, or with the mouth turned down.

The Agni Purāṇa mentions several types of śālagrāmaśilās whose worship brings unhappiness and never happiness. These include a śilā with a mouth like that of a snake,
a broken śilā, one with cakras facing each other, with a
circled cakra, a śilā with a protruding navel, a tawny-colored
śilā known as Nṛṣiṁha, a śilā with many lines inside the
circle, and a śilā unidentifiable due to its confusing markings.

The Agni Purāṇa further describes many śālagrāmaśilās who award beneficial results to those who attentively
worship Them. These benevolent śilās include those that are
perfectly smooth, jet black in color, round like a pearl,
natural (not made by hand), or with an evenly shaped cakra.
The Varāha-śilā, the Ananta-śilā, the śilā with a deeply
indented navel, the tiny Vāsudeva-śilā that has an evenly
formed mouth, śilās shaped like āmalakī fruits, or those
shaped like the palm of the hand (arched above and convex
below) all give perfection. A devotee of the Supreme Lord
should carefully adore his favorite śālagrāma-śilā. He will
thus be blessed both in this world and the next.

As for the śālagrāma-śilās that bring misfortune and sadness, as mentioned above, one should understand that this is only for worshipers impelled by material desires. But for one free from material desires there is no harm to worship these śilās. Thus in the Brahma Purāṇa the Supreme Lord Viṣṇu states that any śilā from the place of śālagrāmas can never be inauspicious though cracked, chipped, split in two though still in one piece, or even broken asunder. Lord Śiva also confirms in the Skaṇḍa Purāṇa that even if a śilā is cracked, split, or broken it will have no harmful effect if it

is worshiped with attention and love by a devotee. It further states there that the Supreme Lord Hari, along with His divine consort, Lakṣmī, live in the śālagrāma-śilā that has either only the mark of a cakra, a cakra along with the mark of a footprint, or only a mark resembling a flower garland.

Some ācāryas say that the best śālagrāma-śilā is the smooth blackish one and that the blood-red śilā is the worst. But in the absence of the best type of śālagrāma-śilā one may worship an inferior one.

# Different Features of Śālagrāma-śilās

In the Brahma Purāna Lord Nārāyana says, "O Brahmā, I eternally reside in the form of śālagrāma-śilā. Hear from Me the different names of all these silās according to the various cakras marking them." The Vāsudeva-śilā is white in color, very attractive looking, and has two equal-sized cakras on the front, but off-center. The Sankarşana-śilā is red-colored, with two cakras combined in one section, a fat front portion, and is very beautiful to see. That yellow śilā with small cakras and a very large mouth with numerous small holes within is known as Pradyumna. The Aniruddhaśilā steals the mind with His blue color and naturally round shape. He has three lines in front of His mouth and a lotus mark on His back. The Keśava-śilā is square-shaped and gives great fortune. A black śilā with a cakra in His raised navel is called Nārāyaņa. The Hari-śilā fulfills all desires, grants moksa (liberation), and especially gives wealth to the faithful worshiper. He has a long line and a mouth opening upward and placed right of center. The Paramesthi-śilā, is colored red with marks of both a lotus and a cakra. The Vișnu-śilā is most attractive, but it will create problems if non-celibates do His pūjā. Black and shaped like a bael fruit, He has two big cakras with a large mouth on His back.

In another place it is described that the Nṛṣiṁhadevaśilā with three spots on it and the Kapila-śilā with five spots both have two wide cakras. Only a brahmacārī and no one else should do Their pūjā or they will suffer all kinds of Them. Those Nṛsimha or Kapila-śilās that have two large cakras, brownish color, and a lotus-shaped line above the mouth, along with various uneven cakras give liberation and victory in battle. In the Kārtika Māhātmya of the Padma Purāṇa it states that a śālagrāma-śilā that contains the above mentioned signs, a large mouth, and many lines like the filaments of saffron is called Nṛsimhadeva.

In the Brahma Purāṇa it describes the Varāha-śilā as sapphire-blue, large sized with three lines, two unequal cakras, two signs of śakti, and pleasing to see. According to the Padma Purāṇa the Varāha-śilā is naturally hog-shaped with uneven cakras, many lines, and awards His worshiper with material enjoyment and liberation. Giving the same blessings as Varāha, the Matsya-śilā is described in the Brahma Purāṇa as long, bronze or golden in color, and adorned with three dots. There it also describes the śāla-grāma-śilā named Kūrma as round with an arched back, green in color, and marked with the sign of the Kaustubha jewel. The Padma Purāṇa says the Kūrma-śilā is naturally turtle-shaped and marked with a cakra.

The Hayagrīva-śilā has a mark shaped like an elephant goad, a line near one cakra, many other cakras, and His back is the color of a blue rain cloud. Another scripture describes the Hayagrīva-śilā as bluish, with the sign of elephant goad, five lines, and many spots. The Padma Purāṇa states that the Hayagrīva-śilā has a long line in the shape of a horse's mouth and His worship gives one knowledge. Elsewhere it says His mouth is like a horse's mouth, there is the sign of a lotus, and on top of the śilā the sign of a lotus seed garland.

The Brahma Purāṇa gives descriptions of the following silās. The silā named Vaikuṇṭha looks jewel-like in color, has one cakra, a three-cornered flag, and beautiful lotus-shaped lines above His mouth. The Śrīdhara-śilā is black and shaped like a kadamba flower, has five lines, and the marks of a flower garland. A small beautiful śilā with a cakra on the top and the bottom and that fulfills all desires, is known as Vāmana. A second type of Vāmana-śilā is round-shaped, smaller than a marble, blue in color, and adorned with spots. The Sudarśana-śilā is black, very shiny, marked with a cakra and club on His left side, and lines on His right. The Padma Purāṇa says He has many lines in the form of a cakra and He satisfies the aspirations of His worshipers.

In the Kārtika Māhātmya of Padma Purāṇa it describes three types of Dāmodara-śilās. One is plump in shape, the color of black-green dūrvā grass, with a cakra in the middle portion, a small mouth, and a yellow line. The second has cakras on its top and bottom, a small mouth, with a long line in the middle. His worship always gives happiness. The third is plump, with a narrow mouth, and two cakras on the middle portion. The śilā called Ananta has a variety of colors, the sign of a snake's body, along with many other signs. He is also described as decorated with many different signs and numerous cakras. Like most śilās, Ananta fulfills all desires.

The Brahma Purāṇa gives further descriptions. The Puruṣottama-śilā has many mouths on the upper portion and awards material enjoyment and mokṣa. The Yogeśvara-śilā has a cakra on its top and worshiping Him removes the sin of killing a brāhmaṇa. A poor man will become wealthy by offering Tulasī leaves to the reddish Padmanābha-śilā

Hiranyagarbha-śilā is moon-shaped, gives off many rays, and has many golden lines on His crystal white surface. By adoring the half-moon shaped Hṛṣīkeśa-śilā one attains the heavenly planets and fulfillment of all desires. A Lakṣmī-Nṛṣimha-śilā is black, with two equal cakras on His left side, and some dots on the surface. This śilā gives both pleasure and muktī (liberation) to His worshiper. A very shiny dark blue śilā with two cakras on His left side and one line on His right is known as Trivikrama. Decorated with the marks of a forest garland on His left side, the Kṛṣṇa-śilā bestows grains, wealth, and happiness.

The Gautamīya Tantra states that after many, many births the fortunate person who receives a special Kṛṣṇa-śilā that is decorated with a cow's hoof print will never take birth again. It also describes the Caturmukhi-śilā with two cakras placed between four lines.

The Kārtika Māhātmya of Padma Purāņa continues its descriptions with the śilā with a row of many small lines called Viṣṇu Pañjara. The Śeṣa-śilā has coils like a snake. The Garuḍa-śilā has the sign of a lotus between two lines and one long liņe below. The Janārdana-śilā has four cakras. Awarding both material pleasure and liberation, the Lakṣmī-Nārāyaṇa-śilā has four cakras, a small mouth, and a flower garland decorating its middle portion.

All the śilās mentioned above give auspicious results, but those that are very small are even more auspicious. Elsewhere in the *Padma Purāṇa*, the Supreme Lord Viṣṇu explains to Lord Brahmā that the smaller the śilā is, the more auspicious results it gives. Such a śilā should certainly

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be worshiped by the devotee to attain perfection in religion, economic development, sense gratification, and liberation. He declares, "O Brahmā, in that *silā* small like an āmalakī fruit or even much smaller, I eternally remain along with My divine consort, Śrīmatī Lakṣmīdevī."

# The Glories of Śālagrāma-śilā

It is written in the Gautamīya Tantra that merely by touching a śālagrāma-śilā one becomes freed from the sins of millions of births, so what to speak of worshiping Him! By śālagrāma-pūjā one gains the association of Lord Hari.

The Māgha-māhātmya of the Padma Purāṇa describes the glories of śālagrāma-śilā in the many verses that follow. By worshiping Lord Hari in the śālagrāma-śilās decorated with cakras, one constantly gains the merit of performing a thousand Rājasūya sacrifices. Even a person attached to the formless Brahman mentioned in the Vedanta will develop attachment for the Lord's devotees if he adores a śāla-grāma-śilā. As the rubbing of two wooden sticks brings out the dormant fire within, so too by constant worship of śāla-grāma-śilā Lord Viṣṇu will manifest. Even sinful people with no qualification for performing pious activities will not see the abode of Yamarāja (the lord of death) if they worship the śālagrāma-śilā.

Worshiping śālagrāma-śilā is more satisfying to Lord Nārāyana than the worship of His Deity form along with Lakṣmījī in the temple. By adoring Lord Hari in the cakra of a śālagrāma-śilā one receives the same benefit as performing the agnihotra sacrifice and giving the whole world with all its oceans in charity. The lowest of men covered by lust, anger, and greed will attain the highest abode of the Supreme Lord Hari by worshiping śālagrāma-śilā. One who adores the śālagrāma-śilā as Govinda will never fall from the heavenly planets up to the end of the universe.

Even without serving holy places, giving in charity, doing sacrifices, or studying the scriptures, persons who simply worship a śālagrāma-śilā will still achieve muktī. By worshiping Śrī Kṛṣṇa in a śālagrāma-śilā, even a sinful person becomes free from the fear of residence in the lowest hell and being reborn as an insect or animal. If, however, a brāhmaṇa who is properly initiated and learned in prescribed mantras does the pūjā of śālagrāma-śilā, he will attain Lord Hari's transcendental abode without a doubt. In Kali-yuga, if a devotee with a surrendered and loving mood offers a bath, flowers, lamps, food, prayers, and kīrtana with sweet music for the transcendental pleasure of his śālagrāma-śilā, he will eternally enjoy sublime spiritual happiness in the association of the Supreme Lord Hari.

Merely by worshiping one śālagrāma-śilā, a person gets the same benefit as seeing or adoring thousands of śiva-liń-gas. Wherever Lord Keśava dwells as śālagrāma-śilā, all the gods, demons, yakṣas, and fourteen bhuvanas (worlds) are also present there. A śraddhā ceremony done in front of śālagrāma-śilā will satisfy many generations of forefathers and grant them residence in deva-loka for hundreds of days of Brahmā (kalpas).

The area within a radius of twenty-four miles from where a śālagrāma-śilā is worshiped is counted as a holy place (tīrtha). The fruits of japa, charity, sacrifices, or any other religious activities done in that area will be multiplied millions of times. If someone dies within a radius of two miles of a śālagrāma-śilā, though a lowborn man from a sinful place, he will go straight to Vaikuntha. Giving a śālagrāma-śilā is the best form of charity, equal to the result of

donating the entire earth together with its forests, mountains, and all.

## Conversation of Śiva and Kārtikeya Regarding Śālagrāma-śilā

In the Kārtika Māhātmya of the Skaṇḍa Purāṇa Lord Śiva tells his son Kārtikeya, "Know that the entire three worlds along with their moving and non-moving beings, always live with me in śālagrāma-śilā."

One who sees, bathes, worships, or offers obeisances to the śālagrāma-śilā will receive the same piety as doing millions of sacrifices and giving millions of cows in charity. Even if a person full of lusty desires or without any bhakti-bhāva worships a śālagrāma-śilā, he will still receive the mercy of Lord Nārāyaṇa.

One who simply remembers, worships, meditates upon, does kīrtana before, or pays obeisances to śālagrāma-śilā, will become free from all sins, even the sins of killing millions of people. As deer flee upon seeing a lion in the jungle, so all types of sins run away from one who sees a śālagrāma-śilā. As the rising sun dispels darkness, so too the śālagrāma-śilā removes all sins from the devotee who simply offers Him obeisances.

Even if a person lusty or angry by nature worships śālagrāma-śilā with devotion, or even carelessly, he will get liberation. Those who speak hari-kathā in front of śāla-grāma-śilā need not fear Yamarāja or repeated birth and death. In Kali-yuga one who devotedly worships śālagrāma-

šilā with prayers, kīrtana, and musical instruments, will live eternally in Hari-dhāma.

Lord Siva further declares that my devotees who offer obeisances to the sālagrāma-silā even negligently become fearless. Those who adore me while making a distinction between myself (Siva) and Lord Hari will become free from this offense by offering obeisances to sālagrāma-silā. Those who think themselves as my devotees, but who are proud and do not offer obeisances to my Lord Vāsudeva, are actually sinful and not my devotees. O my son, I always reside in the sālagrāma-silā. Being pleased with my devotion the Lord has given me a residence in His personal abode.

The fruit of worshiping me with hundreds of millions of lotus flowers will be multiplied millions of times if one offers the same worship to śālagrāma-śilā. I do not accept the worship or prayers of one who neglects the pūjā of śālagrāma-śilā. The result of one who adores me in front of a śālagrāma-śilā will last for seventy-one yugas. O son, one who never worships a śālagrāma-śilā is not considered a devotee of Viṣṇu. Even if someone worships hundreds of śiva-lingas, he will still not receive any benefit from it.

Items like foodstuffs, leaves, flowers, fruits, and water unofferable to me due to any impurity will become purified by touching them to śālagrāma-śilā. One who calls himself my devotee but is not attracted to Lord Hari will suffer in hell for the life span of fourteen Indras. Though devoid of knowledge of the absolute truth, a person who even once worships a śālagrāma-śilā will obtain mokṣa. The darśana and worship of millions of śiva-lingas will give the same benefit as the worship of one śālagrāma-śilā. O son, those

who desire my affection should regularly worship the śālagrāma-śilā with devotion. Wherever Lord Keśava dwells as śālagrāma-śilā, all the gods, demons, yakṣas, and the fourteen bhuvanas are also present there.

The forefathers of one who performs pinda-dāna even once in front of a śālagrāma-śilā will enjoy boundless satisfaction. O son, although the fruits of pious activities may be calculated, the profit of worshiping śālagrāma-śilā is unlimited. Those who donate a śālagrāma-śilā to a brāhmaṇa devotee of Lord Viṣṇu will receive the gains of performing many sacrifices.

Without having accumulated pious activities, it is very difficult to find a śālagrāma-śilā in this world, especially in the age of Kali-yuga. Those who adore śālagrāma-śilā in their home are fortunate and their lives are meaningful.

When one worships a śālagrāma-śilā with controlled senses and in a devotional mood, each flower offered is equal to the performance of an aśvamedha sacrifice. Indeed, whether at an auspicious or inauspicious time, either with or even without devotion, if a śālagrāma-śilā is worshiped He will bestow great piety upon the worshiper. Anyone, whether he is filled with enmity, greed, pride, duplicity, or sadness will become purified by seeing a śālagrāma-śilā. Merely by touching a śālagrāma-śilā even a wicked person who is dishonest and addicted to bad habits becomes purified instantly.

Worship of śālagrāma-śilā brings the same result as devoutly giving sixty-four tolas (about 750 grams) of sesame seeds daily in charity. My dear son, by offering leaves, flowers fruits, roots, water, grass, and rice to the śālagrāma-

śilā, one receives a boon as great as Mount Sumeru. Even if someone adores a śālagrāma-śilā without proper method, mudras, or mantras, he will still get the full result according to the śāstras.

#### Other Evidences

In other places it is written that those people who travel with their śālagrāma-śilā on their shoulder are considered to be carrying everything that is movable or immovable in the three worlds. Even if one has killed a brāhmaṇa or similar gross sinful acts, his reactions will be instantly burnt to ashes by worshiping śālagrāma-śilā. To adore a śālagrāma-śilā, it is even unnecessary to know japa, prayers, mantras, meditation, or other methods of worship.

The area within a radius of twenty-four miles from where a śālagrāma-śilā is worshiped is counted as a holy place (tīrtha). The fruits of japa, charity, sacrifices, or any other religious activities done in that area will be multiplied millions of times. A śraddhā ceremony done in front of śālagrāma-śilā will satisfy many generations of forefathers and grant them residence in deva-loka for hundreds of kalpas. If someone dies within a radius of two miles around a śālagrāma-śilā, though a lowborn man from a sinful place, he will go straight to Vaikuntha.

The Padma Purāṇa says giving a śālagrāma-śilā, is the best form of charity, being equal to the result of donating the entire earth together with its forests, mountains, and all. The Garuḍa Purāṇa describes the glories of keeping a śālagrāma-śilā with the auspicious mark of a cakra in one's house. The forefathers, devotees, Gangā and other holy

rivers, Puskara and other holy places, asvamedha and other holy sacrifices, and all holy mountains become present there.

The Kārtika Māhātmya chapter of the Padma Purāṇa states that for those who worship Śrī Hari in the śālagrāma-śilā, Śrī Hari will remove their sins and give them the intelligence by which they may obtain liberation. By worship of śālagrāma-śilā in Mathurā during the Kārtika month, Lord Hari grants mokṣa. For those who worship śālagrāma-śilā on behalf of their forefathers, Lord Hari protects those forefathers and their families and delivers them to his own spiritual abode.

The Yajñadhvaja chapter of the Bṛhan-nāradīya Purāṇa states that wherever Lord Keśava in the form of śālagrāma-śilā remains, demons, ghosts, and other such beings will be unable to cause any disturbance. Wherever there is a śāla-grāma-śilā, that place is considered a holy place for doing austerity because Lord Madhusudhana remains there. And if one worships twelve or a hundred śālagrāma-śilās he will reap even more benefit.

### Different Results of Worshiping Many Silās

The Māgha Māhātmya chapter of the Padma Purāṇa describes the results of worshiping more than one śāla-grāma-śilā. O Vaiśya, the piety accrued by one who worships twelve śālagrāma-śilās according to the proper rules and regulations for one day only is the same as received by worshiping twelve crore of śiva-lingas with golden lotuses. One who worships one hundred śālagrāma-śilās with devotion lives in Hari-dhāma and will take birth on earth as an emperor of emperors.

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The Kārtika Māhātmya of Skaṇḍa Purāṇa describes the piety of a Vaiṣṇava who worships twelve śālagrāma-śilās for only one day. It is the same as worshiping a thousand crore of śiva-liṅgas on the bank of the Gaṅgā and living in Kāśī (Vārāṇasī) for eight yugas. And if a Vaiṣṇavas worships more than twelve śālagrāma-śilās, then even Lord Brahmā and other gods are unable to describe the fruit he will receive.

### Sale and Purchase of Śālagrāma-śilās Prohibited

The Skanda Purāna warns that no one should buy or sell śālagrāma-śilās. One who puts a price on a śālagrāma-śilā, sells a śālagrāma-śilā, gives his opinion on its value, or examines one with a view to estimate its sale value, all such people will live in hell until the time of universal destruction.

### Śālagrāma-śilās Require No Installation

The Skanda Purāna also says that śālagrāma-śilās do not require installation. When one begins the worship of śālagrāma-śilā, however, he should start with elaborate pūjā using all articles. The worship of śālagrāma-śilā is the best form of worship, better than the worship of the sun.

The Māgha Māhātmya chapter of Padma Purāṇa states that those who adore Lord Hari either in the Deity, the sun, the water, the earth, or the heart, they all will go to Haridhāma. If they do not feel spiritually fulfilled in such worship, and if they desire liberation, then they should worship Lord Hari in the śālagrāma-śilā. O Vaiśya, the form of Lord

Hari as the śālagrāma-śilā gives piety, removes sinful reactions, and grants liberation.

The Kārtika Māhātmya of Padma Purāṇa declares: O Prince, Lord Śrī Viṣṇu may be worshiped in the form of a Deity made from eight kinds of material like stone, wood, metal, mud, written word, earth, jewels, and in the mind. But you should know that worship of śālagrāma-śilā is worship of Śrī Kṛṣṇa Himself since Jagad-guru Śrī Vāsudeva exists eternally in the śālagrāma-śilā. The Kārtika Māhātmya chapter of Skaṇḍa Purāṇa states that Lord Hari may not always remain within the Deity of gold, jewels, or stone, but He always exists in the śālagrāma-śilā.

The śālagrāma-śilā in the form of Lord Nṛsimha is unlimitedly merciful. Taking the Tulasī leaves offered to His lotus feet frees one from the reactions of all kinds of sins, including theft, drinking alcohol, killing a brāhmaṇa, or having sex with the wife of one's guru. As it is impossible to count the waves of the ocean, similarly one is unable to fully describe the importance of worshiping śālagrāma-śilā.

### Daily Worship of Śālagrāma-śilā

The Padma Purāṇa warns that one who eats before worshiping śālagrāma-śilā becomes a worm in the stool of a dog-eater for one millennium (a complete cycle of four yugas). The Skaṇḍa Purāṇa says that one who has no faith in the adoration of śālagrāma-śilā will have his body smashed to bits by being thrown from the top of high mountains.

The Skanda Purāna recommends that everyone, whether he be a brāhmaṇa, kṣatriya, vaiṣya, śūdra, or woman, should take initiation and worship the Lord in the form of

the śālagrāma-śilā. In a conversation between Brahmā and Nārada in the Skaṇḍa Purāṇa, it is stated that a brāhmaṇa, kṣatriya, and vaiṣya have a right to worship the śālagrāma-śilā. Even a śūdra who is filled with devotion to Lord Hari also has a right to worship the śālagrāma-śilā. Lacking devotion however, even a brāhmaṇa has no right to worship śālagrāma-śilā. Elsewhere the Skaṇḍa Purāṇa confirms that women, brāhmaṇas, kṣatriyas, śūdras and anyone else who worships a śālagrāma-śilā will obtain the mercy of the lotus feet of Lord Viṣṇu.

Some people say that women and śūdras cannot worship śālagrāma-śilā, but great sages explain that the following references refer only to those who are devoid of Viṣṇu-bhakti. Purified or unpurified only a brāhmaṇa has a right to My worship. The touch of a woman or śūdra gives me pain like the striking of a thunderbolt. If a śūdra chants praṇava (omkāra), worships śālagrāma-śilā, or enjoys with a brāhmanī, he becomes a dog-eater.

Thus it is the duty of the Vaiṣṇavas to worship the śāla-grāma-śilā with heartfelt love and devotion. It is also recommended to worship a dvārakā-śilā along with a śālagrāma-śilā.

# Dvārakā-Śilā

### Worshiping Śālagrāma-śilā with Dvārakā-śilā

The Brahma Purāṇa states that wherever śālagrāmaśilā and dvārakā-śilā sit together, there certainly muktī also
resides. In the conversation between Brahmā and Nārada in
the Skaṇḍa Purāṇa Brahmā says, "O Munīśvāra! Wherever
dvārakā-śilā sits in front of the śālagrāma-śilā every class of
opulence goes on increasing unlimitedly." In another place
it says that one who daily worships dvārakā-śilā along with
twelve śālagrāma-śilā will be honored even in Vaikuṇṭhadhāma.

### Identifying Symbols of Dvārakā-śilās

The Prahlāda Samhitā states that a dvārakā-śilā with one cakra is known as Sudarśana, a śilā with two cakras is Lakṣmī-Nārāyaṇa, and one with three cakras is Trivikrama. The śilā marked with four cakras is Janārdana, with five cakras is Vāsudeva, with six cakras is Pradyumna, and with seven cakras is Baladeva. The one that has eight cakras is called Puruṣottama, with nine cakras Navavyūha, with ten cakras Daśmūrti, and with eleven cakras Aniruddha. That dvārakā-śilā with twelve cakras is Dvādaśātmaka, and one with more than twelve cakras is known as Ananta.

### The Glories of Dvārakā-śilā

The Varāha Purāṇa says that whoever touches a śilā with the mark of a Viṣṇu-cakra will become free of all sins. The Garuḍa Purāṇa declares that simply the darśana of Sudarśana and other dvārakā-śilās fulfills all desires. The Skaṇḍa Purāṇa declares that without a doubt if a very sinful man worships a dvārakā-śilā with devotion, or even without, he becomes free from all sinful reactions. According to the Dvārakā Māhātmya, a śilā marked with cakras coming from Dvārakā is also called cakra-tīrtha. Even if this śilā is worshiped by a sinful person from a degraded country, the worshiper still becomes liberated.

## Benefits of Different Types of Dvārakā-śilās

The Kapila-pañcarātra explains the benefits of worshiping different types of dvārakā-śilās. That charming śilā known as Sudarśana, which has one cakra on it, gives one liberation. The Lakṣmī-Nārāyaṇa dvārakā-śilā with two cakras gives opulence and liberation, and an Acyuta-śilā with three cakras gives one respect equal to Lord Indra. The śilā known as Caturbhuja with four cakras brings religion, economic development, enjoyment, and liberation. A Vāsudeva-śilā, which has five cakras, will remove the fear of birth and death, and a Pradyumna-śilā with six cakras will give one beauty and wealth. The one called Balabhadra-śilā with seven cakras gives fame and a continuation of one's dynasty, while a Puruṣottama-śilā with eight cakras gives all types of benedictions. With nine cakras, a Nṛṣimhadeva dvārakā-śilā

gives the highest benefits, and a Daśāvatāra dvārakā-śilā with ten cakras gives kingship. An Aniruddha-śilā, which has eleven cakras, gives fame and lordship, and the one known as Dvādaśātmaka-śilā with twelve cakras gives liberation and happiness.

The Kapila-pañcarātra also describes the bad results derived from worshiping certain types of dvārakā-śilās. A black dvārakā-śilā gives death, a smoke colored one gives constant fear, a multi-colored one gives bad health. and a blue colored śilā takes away one's wealth. That dvārakā-śilā that has a hole passing through it brings poverty, a pale one gives terrible distress, and a broken śilā brings separation from the wife. The white śilā gives sons, grandsons, wealth, power, and all types of happiness, so this type of śilā should be adored.

The Prahlāda-samhitā also says that a black śilā causes death, reddish gives constant fear, multi-colored brings disease, yellow or smoke-colored gives poverty, and a broken one causes death to the wife. Śilās with a hole, uneven cakras, triangular in shape, or half-moon shaped should never be worshiped. Garga and Gālava Rṣis have stated that a śilā with uniform cakras brings happiness, a twelve-cakra śilā is very auspicious, and round and square śilās give happiness. But worshiping śilās that are broken, triangular, having holes, with uneven cakras, or half-moon shaped is fruitless.

### Additional Information

### From Other Sections of Śrī Hari-bhakti-vilāsa

The Gautamīya Tantra says devotees should take the caraṇāmṛta mixed with Tulasī leaves from the śālagrāma-śilā in their hand and sip it, sprinkling the balance on their heads. If somebody refuses this caraṇāmṛta it is as if he has killed a brāhmaṇa. The Padma Purāṇa explains that all those holy rivers awarding mokṣa, such as the Gaṅgā, Godāvarī, and others, reside in the caraṇāmṛta of śālagrāma-śilā. In the Skaṇḍa Purāṇa it is written that if one bathes daily in śālagrāma-śilā's caraṇāmṛta, though remaining at home, it is equal to bathing daily in the Gaṅgā. By bathing with the caraṇāmṛta of both śālagrāma-śilā and dvārakā-śilā, one is freed from all sins, even the killing of a brāhmaṇa. The Garuḍa Purāṇa warns that religion will flee from those devotees who do not sprinkle their heads three times a day with the caraṇāmṛta from śālagrāma-śilā.

The Skaṇḍa Purāṇa says a devotee who makes the mark of a swastika in front of the śālagrāma-śilā, especially if done in the Kārtika month, purifies up to seven generations of his family. There it also says that one who keeps gopī-candaṇa, Tulasī, a conch, and a dvārakā-śilā together with a śālagrāma-śilā in his house will have no fear of sin.

In the Sammohana Tantra it is written that śālagrāma-śilā should not be placed on the earth or ground and worshiped. The Śrīmad-Bhāgavatam mentions that in the worship of śālagrāma-śilā it is unnecessary to call the Lord

for worship or request Him to return to His abode upon completion.

The Bṛhan-nāradīya Purāṇa warns that if one worships a śālagrāma-śilā and doesn't offer Tulasī leaves, then his house is considered equal to a cremation ground. There Śrī Nārada Muni says it's impossible to explain the importance of Tulasī leaves in the worship of śālagrāma-śilā, as Tulasī is the most beloved consort of Hari in the form of śālagrāma-śilā.

The Skaṇḍa Purāṇa says that the fingers of a devotee who regularly picks Tulasī leaves for the worship of śāla-grāma-śilā are fortunate. It also states that one who adores śālagrāma-śilā with Tulasī leaves will become free from all types of offenses to Lord Keśava.

The Bṛhad Viṣṇu Purāṇa glorifies the water containing Tulasī leaves that is seen by Lord Keśava, especially the caraṇāmṛta of the śālagrāma-śilā. It is always more purifying than the water of all the holy places and hundreds of sacrifices. Thus one who takes this water will be purified of all sin.

The Skanda Purāna explains that for one who daily takes the caranāmṛta of śālagrāma-śilā there is no necessity for taking pañca-gavya nor visiting thousands of holy places. If someone drinks caranāmṛta with devotion, he will not experience the misery of staying in a mother's womb again and his suffering in hell will be destroyed. He is protected from all his sinful reactions and becomes fixed on the path of liberation.

In the Skaṇḍa Purāṇa Lord Śiva tells Pārvatī that one who takes the caraṇāmṛta of śālagrāma-śilā destroys all sinful reactions at their roots, even the killing of a brāhmaṇa.

Elsewhere the Skanda Purāna states that by taking the remnants of foodstuffs offered to śālagrāma-śilā, one will get the result of performing many sacrifices.

#### From Other Sources

Elsewhere it is written that one should not worship two dvārakā-śilās along with two śālagrāma-śilās in the house. If any householder will do so then he will become filled with anxiety.

In Śrīla Rūpa Goswami's Śrī Laghu-Bhāgavatāmṛta the following account is given from the Padma Purāṇa. Seeing the wonderfully attractive form of Lord Kṛṣṇa, Lakṣmīdevī became very greedy to attain Him. Thus she began to practice severe austerities for this purpose. Lord Kṛṣṇa became curious to know the reason for her penance. Lakṣmīdevī told Him that she wanted to gain His intimate association as a gopī in Vṛndāvana. Lord Kṛṣṇa told her that it's impossible to fulfill her prayer as she does not have the intense love and devotion found in the gopīs of Vraja. Hearing this, Lakṣmīdevī then prayed to always remain on Lord Kṛṣṇa's chest like a golden sacred thread. Lord Kṛṣṇa accepted her request, and so on some śālagrāma-śilās a line like a golden sacred thread is visible.

# Marriage of Śālagrāma and Tulasī

Śrī Vasiṣṭhaji said that what I have heard in ancient times from Lord Brahmā about the marriage of Tulasī, I will now describe according to what is written in the Nāradapañcarātra. First one should plant Tulasī either in the house or the forest, and after three years one may perform her marriage. The auspicious times when one may perform the marriage of Śālagrāma and Tulasī are described as follows. When the sun is moving in the north, Jupiter and Venus are rising, in the month of Kārtika, from the Ekādaśī to the full moon in the month of Māgha, and when constellations that are auspicious for marriage appear, especially the full moon day.

First one should arrange a place for sacrifice (yajña-kuṇḍa) under a canopy (maṇḍapa). Then after performing śānti-vidhāna, one should install sixteen goddesses, and do the śraddhā ceremony for his female maternal ancestors. One should call four brāhmaṇas learned in the Veda, and appoint one to be the Brahmā, one to be the ācārya, one to be the ṛṣi, and one to be the priest. One should establish an auspicious waterpot (maṇgala-ghat) under that maṇḍapa according to the Vaiṣṇava rituals. Then one should establish an attractive śālagrāma-śilā (Lakṣmī-Nārāyaṇa). After that one should perform home sacrifice (gṛha-yajña), worship the sixteen goddesses, and do the śraddhā ceremony.

When it is dusk one should install a golden Deity of Nārāyaṇa and a silver mūrti of Tulasī according to one's means. With vāsa-santa mantra two cloths should be tied

together, with yadāvandhā mantra the marriage bracelets (kangana) should be tied on the wrists, and with ko' dāt mantra the marriage should be consecrated. Then the host along with the ācārya, rṣi, and others should make nine offerings in the yajña-kunḍa. After these marriage rites have been done, the wise gurudeva should offer sacrifice according to the Vaiṣṇava rituals chanting, "Om namo bhagavate keśavāya namaḥ svahā."

The host with his wife, friends, and relatives should then do parikramā of Tulasī four times with śālagrāma-śilā. Everyone should then recite the following prayers in front of the yajña-kuṇḍa: śatkumbha-sūkta, pāvamānī-sūkta, śākti-kādhyāya, nava-sūkta, jīva-sūkta, and vaiṣṇava-saṁhitā. After this the ladies should blow conch and other similar instruments, sing auspicious songs, and recite maṇgalācaraṇa. Following this the final sacrifice should be done (pūrnāhūti) and then abhiṣeka. An ox is to be given to the Brahmā, a cow, cloth, and bed to the ācārya, and cloth to the ṛṣi. Dakśinā should be given to all.

In this way installing Tulasī Devī one should begin her regular worship along with Lord Viṣṇu. Whoever sees the marriage of Tulasī Devī will have all of the accumulated sins of his life removed. Whoever with devotion plants Tulasī, collects her leaves, or installs her along with Viṣṇu will achieve liberation, the abode of the Lord, all varieties of enjoyment, and will enjoy along with Śrī Hari.

# Worship of Śālagrāma-śilā

There is absolutely no difference between the worship of an installed Deity and a śālagrāma-śilā. Mostly in the temples where the Deity is large and heavy or made out of wood, śālagrāma-śilā is considered the representation of the Deity. In such cases the main worship is often offered through the śālagrāma-śilā.

As earlier mentioned, Lord Hari constantly abides in sālagrāma-śilā. Therefore we should always remember that sālagrāma-śilā should never be ignored or disregarded. Due respect and love must be spontaneously extended to it. Whatever treatment is given to the Deity, the same treatment should be allotted to śālagrāma-śilā; it deserves the same respect and reverence.

Sālagrāma-śilā must be duly worshipped with all the sobriety and serenity and in accordance with the same systematic rules and regulations as the Deity. If śālagrāma-śilā is worshipped at home, however, the worship may not need to be of an exceedingly high standard. In such case it is not very essential that the śālagrāma-śilās be worshipped too elaborately with many outward appellations, decorations, and detailed descriptive decorum. It should be conducted piously but plainly. God demands faith, love, and simple sincerity, which springs from the innermost heart of the devotee. All the external formalities are not required, as no sophisticated show is necessary.

If a devotee has many śālagrāma-śilās, then bathing, tulasī, sandalwood, flower offering—all these should be

conducted separately, and individual attention to each sila should be given in the worship. Nevertheless, ārati may be performed to all the silās simultaneously. It is plainly mentioned in the scriptures that sālagrāma-silā's worship must be conducted in accordance with Puruṣa-sūkta. In case those mantras are available, then sālagrāma-silā must be adored on the basis of these.

If the devotee wants to decorate śālagrāma-śilā with beautiful ornaments, he can do it with the purest intention. But it should be noted that one should never make an offering of rice to śālagrāma-śilā.

During the period of menstruation, ladies are forbidden to worship.

For Bhagavān Sri Krishna, Sri Vishnu, the sālagrāmasīlā, etc., the mantras and modes of worship have been described differently in various scriptures. Suppose someone cannot recall the mantras pertaining to the worship or he is unable to pronounce them accurately, then the initiated Vaiṣṇava can perform the worship by reciting the ten or eighteen syllable mantra.

In the worship of śālagrāma-śilā, inviting or invoking Godhead is strictly forbidden, for God constantly resides and abides as an ever-present entity embodied in the śilā. The following are the procedures for offering worship:

- (A) First thing to do is to wake the Lord.
- (B) After the Lord has risen, chant idam puṣpāñjali samarpayāmi and offer flowers at the lotus feet of the Lord.

The further procedures of worshipping śālagrāma-silā are wide and varied. They fall into many types. But where

our  $p\bar{u}j\bar{a}$  at home is concerned, offering five or sixteen items should be adopted as follows.

### (1) Āsana:

om sarvāntaryamiņe deva sarva-bījam idam tataķ ātmasyāya param suddham āsanam kalpayāmy aham

O God, you are quite familiar with each and every being's innermost thoughts, as well as the innermost being. You know every being's actual self, therefore I present before You an excellent pure *āsana*.

While offering āsana, chant: idam āsanam samarpayāmi.

### (2) Svāgata:

yasya darśanam icchanti deva bruluna-harādayalı kṛpayā devadeveśa mad agre saunidhau bhava tasya te parameśāna svāgatam svāgatam prabho

Even gods like Brahmā, Śiva, etc. are longing and pining for Your darśana. O Devadeveśa, You are the focus and concurrence of everyone's worship. Please have pity on me and come before my poor self.

While offering svāgata, chant: susvāgatam, susvāgatam.

<sup>1.</sup> The five items are: gandha, puṣpa, dhūpa, dīpa, and naivedva. In any case, tulasī is required.

### (3) Pādya:

om yad bhakti-leśa samparkāt paramānanda samplavaḥ tasya te caraṇopānte pādyam śuddhāya kalpaye

Merely the slightest performance of His worship makes the heart flow with ever-increasing bliss. O my God, I am offering pādya to Your same intrinsic and inherent, purest form.

While offering pādya, chant: idam pādyam samarpayāmi.

### (4) Arghya:

tāpa-traya haram divyam paramānanda lakṣaṇam tāpa-traya vimokṣāya tavārghya kalpayāmy aham

O God, Your arghya subdues all suffering caused by threefold tribulations. It is divine and the form of ever-existing bliss. Therefore, in order to be relieved from the threefold tribulations, I am piously presenting arghya to You.

While offering arghya, chant: idam arghyam samarpayāmi.

### (5) Ācamana:

devānām api devāya devānām devatātmane ācāmam kalpayām isam sudhāyāḥ śruti hetave

O God, You are the God of all the gods and goddesses, worthy of worship where all the spokes of worship meet and converge. Let alone others, You Yourself manifest as Godhead amidst all the gods. Your are the source of all nectar, as such just for the sake of a trickling of nectar from

You, I am offering ācamana as a sign of my surrender and self-dedication.

While offering ācamana, chant: idam ācamanīyam samarpayāmi.

### (6) Madhuparka:

sarva kalmaşarhīnāya paripurņa sudhātmakam madhuparkam idam deva kalpayāmi prasīda me

O Lord, You are absolutely and inherently free from all sins, and You are full of all nectar. I am presenting this madhuparka to You. Please be merciful and accept it.

While offering madhuparka, chunt: idam madhuparka samarpayāmi.

### (7) Punarācamana:

acchasto 'pyasucir vapi yasya smarana mātratah suddhimāpnoti tasmai te punar ācamanīyakam

You are the very being by whose remembrance even the most degraded and fallen become pious and holy. For Your sake I am again offering ācamana.

While offering punarācamana, chant: idam punarācamanīyam samarpayāmi.

#### (8) Snāna:

kāverī narmadā veņī tungabhadrā sarasvatī gangā ca yamunā caiva nābhyah snānārthamāhdatam grhānatvam ramākānta snānāya sraddhayā jalam

O Lord! I have brought these waters from the Kāverī, Narmadā, Veni, Tungbhadra, Sarasvatī, Gangā, and Yamunā for the purpose of bathing. Please accept it for bathing with faith.

While offering snāna, chant: idam snānīyam samarpayāmi.

### (9) Vastra:

māyā-citrapaṭācchanna nija guhyorutejase nirāvaraṇa vijñāna vāsaste kalpamāmy aham

You have manifested a supermundane form as well as a form veiled by the screen of  $m\bar{a}y\bar{a}$ . In reality You are self-effulgent and omniscience personified. I am making a present of this dress at Your lotus feet. Please accept it.

While offering vastra, chant: idam vastram samarpayāmi.

### (10) Upavita:

yajñopavītam paramam pavitra prajāpater vat sahajam purastāt āyuṣyamagram ca pratimuñca subhram yajñopavītam balamastu tejaḥ

The sacred thread is the highest in holiness and an object of utmost sanctity. Lord Brahmā was the first to wear it. It is the purest form of excellence—white in color and the bringer of long life and strength. I am putting this new sacred thread on You. Please accept it.

While offering upavita, chant: idam upavitam samarpayāmi.

### (11) Ābhuśana:

svabhāva sundarāngāya nānāsaktyānjayāya te bhuşanāni vicitrānī kalpayāmi surārcita O Lord, each and every limb of Your body is innately charming and inherently fascinating. You Yourself are the very source of all the powers and potencies in the universe. For Your sake, I am presenting this oppulent ornament.

While offering ābhuśaṇa, chant: idam ābhuśaṇam samarpayāmi.

### (12) Gandha:

paramānanda saurabhya paripumadigantaram grhāna paramam gandham kṛpayā parameśvara

O my Lord, the aroma and fine fragrance of this gandha scents the whole cosmos and creation. The sweet smell spreads through the different directions of the universe, scenting all nooks and crooks of the cosmos.

While offering gandha, chant: idam gandham samarpayāmi.

### (13) Tulasī:

tulasīrn hema-rūpām ca ratna-rūpām ca manjarīm bhavamokṣa pradām tubhyam arpayāmi hari-priyām

Bright and shining like gold, brilliantly sparkling like pearls, the *tulasī-manjarī* always appears in the form of Bhagavān Hari's beloved, who is capable of delivering us from the bondage of *māyā* oriented world. Such an offering is being made at Your feet.

While offering tulasī, chant: idam tulasīm samarpayāmi.

### (14) **Pușpa:**

turiyam guṇa-sampannam nānā-guṇa-manoharam ānanda saurabham puṣpam gṛhyatām idam uttamam Puspa possesses transcendental qualities. These various qualities enchant the mind. The flower's fragrance bestow joy and bliss. I am offering this excellent fragrant flower. Please accept it.

While offering pușpa, chant: idam pușpam samarpayāmi.

### (15) Dhupa:

vanaspati rasotpanno gandhadyo gandha uttamah äghreyah sarva-devānām dhūpo 'yam pratigṛhyatām

Drawn from the essence of fragrant herbs and flowers, emitting a divine aroma—one which is worthy to be inhaled by all the gods and goddesses. I am offering this *dhupa* to You. Please accept it.

While offering dhūpa, chant: idam dhūpam samarpayāmi.

### (16) Dipa:

suprakāśo mahātejāḥ sarvatastimirāpahaḥ sabāhyābhyantara jyotir dipo 'yam pratigṛhyatām

Fully illuminated by the flooding light that at once dispels and drives away darkness from all directions, inwardly as well as outwardly, this illuminating luminary lamp is being solemnly presented to You. Please accept it.

While offering dīpa, chant: idam dīpam samarpayāmi.

#### (17) Naivedya:

satpātrasiddham suhavir vividhāneka bhakṣaṇam nivedayāmi deveśa sānugāya gṛhāṇa tat

O Lord, these pious preparations, cooked in sacred utensils and made out of a variety of ingredients and edibles—this excellent offering is being made to You. Accompanied by my associates, I am offering these excellent items to You. Please accept my service.

While offering naivedya, chant: idam naivedyam samarpayāmi.

A devotee must conduct worship with the fullest fervor of emotions and innermost intentions, or fine feelings of the heart. All discipline, decency, and decorum must be maintained during worship. After completing the worship, one should offer obeisances to the Lord.

Incidentally it is mentioned in the sacred book Haribhakti-vilāsa (15/530) that the mantra:

> om yajñeśvarāya yajñasabhavāya yajñapataye govindāya namo namaḥ

covers the entire worship right from pādya down to dīpa.